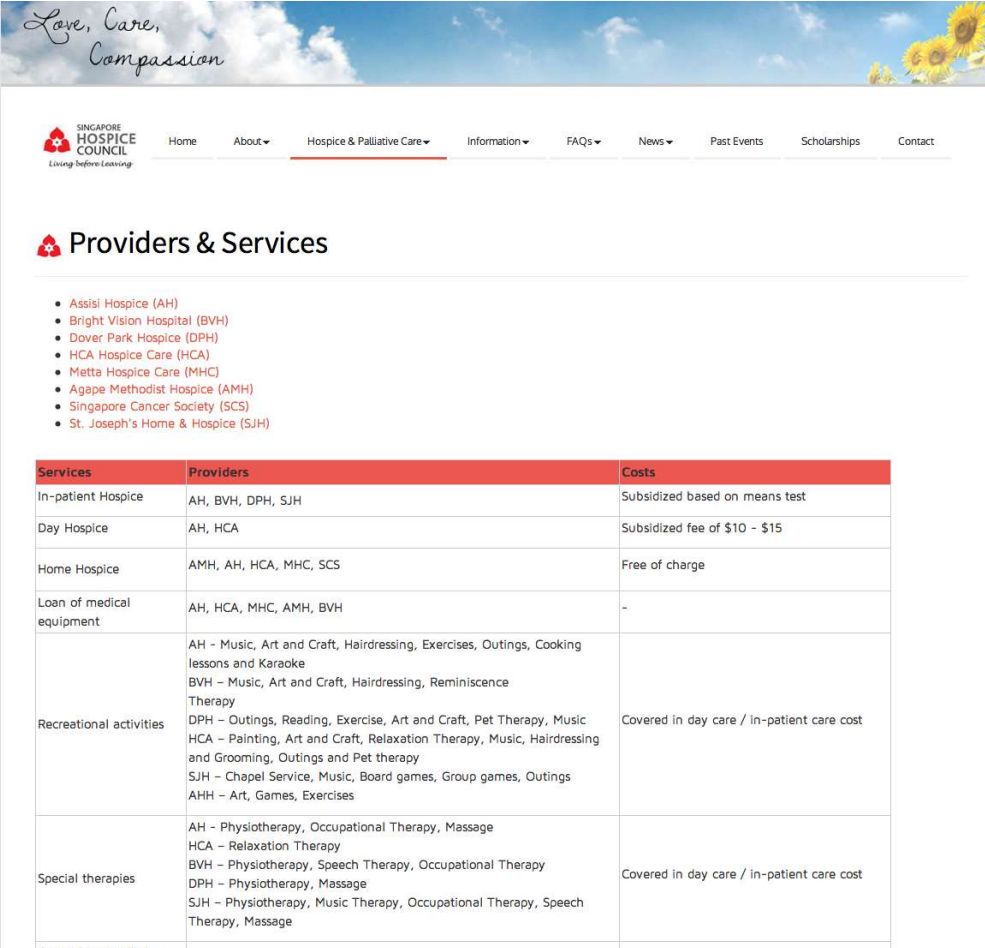


新加坡 有关善终服务及安宁疗护的资源

（冯以量整理 2014年）

1. 提供不同服务的慈怀病院 Listing of hospices

<http://www.singaporehospice.org.sg/providers.html>



Love, Care, Compassion

SINGAPORE HOSPICE COUNCIL
Living Before Leaving

Home About Hospice & Palliative Care Information FAQs News Past Events Scholarships Contact

Providers & Services

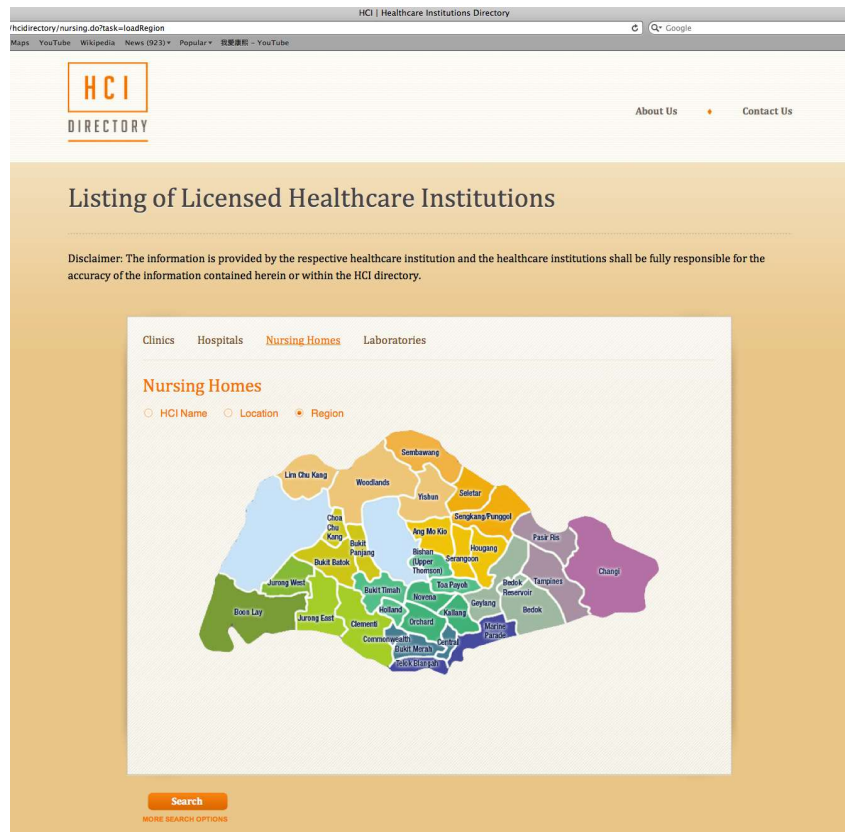
- Assisi Hospice (AH)
- Bright Vision Hospital (BVH)
- Dover Park Hospice (DPH)
- HCA Hospice Care (HCA)
- Metta Hospice Care (MHC)
- Agape Methodist Hospice (AMH)
- Singapore Cancer Society (SCS)
- St. Joseph's Home & Hospice (SJH)

Services	Providers	Costs
In-patient Hospice	AH, BVH, DPH, SJH	Subsidized based on means test
Day Hospice	AH, HCA	Subsidized fee of \$10 - \$15
Home Hospice	AMH, AH, HCA, MHC, SCS	Free of charge
Loan of medical equipment	AH, HCA, MHC, AMH, BVH	-
Recreational activities	AH - Music, Art and Craft, Hairdressing, Exercises, Outings, Cooking lessons and Karaoke BVH - Music, Art and Craft, Hairdressing, Reminiscence Therapy DPH - Outings, Reading, Exercise, Art and Craft, Pet Therapy, Music HCA - Painting, Art and Craft, Relaxation Therapy, Music, Hairdressing and Grooming, Outings and Pet therapy SJH - Chapel Service, Music, Board games, Group games, Outings AHH - Art, Games, Exercises	Covered in day care / In-patient care cost
Special therapies	AH - Physiotherapy, Occupational Therapy, Massage HCA - Relaxation Therapy BVH - Physiotherapy, Speech Therapy, Occupational Therapy DPH - Physiotherapy, Massage SJH - Physiotherapy, Music Therapy, Occupational Therapy, Speech Therapy, Massage	Covered in day care / in-patient care cost
General counselling		

2. 医院及疗养院的资料 Listing of licensed healthcare institution (HCI)

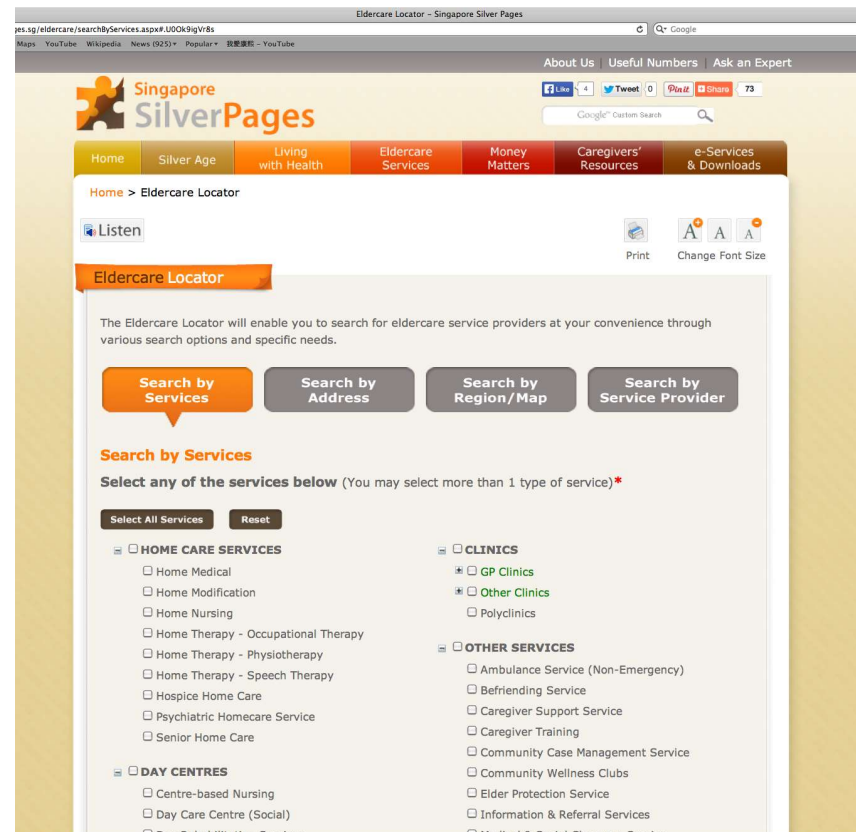
a).

<http://hcidirectory.sg/hcidirectory/hospital.do?task=load>



b).

<https://www.silverpages.sg/eldercare/searchByServices.aspx#.U0Ok9igVr8s>



2. 医院及疗养院的资料

Listing of licensed healthcare institution (HCI)

c). http://www.reload.aic.sg/aic/sat_survey/sat.aspx

Questionnaire for Self

Unsure of which healthcare service you or the elderly may need? Just complete the following questionnaire and you will find out what are the appropriate services available to meet your/ the elderly's needs.

I am

☒ Self

☐ Caregiver

☐ Service provider

☐ Volunteer

☐ General Public

Disclaimer
Self Assessment Tool

This tool is developed to help an elderly who is 55 and above. This tool is a first step in helping you to make an informal preliminary self-assessment of your needs but it is not meant to take the place of an evaluation by a doctor or health care professional. Accurate assessment is obtained only through a thorough evaluation with a doctor and/or health care professional. The results obtained from this assessment is for your information and guide only.

The care needs are assessed based on the living arrangement, ability to perform the activities of daily living and mental capability. Appropriate community services that cater to your needs based on the eligibility and your ability to perform the Instrumental Activities of Daily Living and nursing care required will be recommended.

If you have any technical questions or other concerns about the site, feel free to contact us at enquiries@aic.sg

This site is for information purposes and is not to replace the advice of a healthcare professional. AIC shall not be held responsible in any manner whatsoever for any errors, omissions, inaccuracies, misprint and/or for any liability that results from the use(or misuse) of the information.

☒ I have read the disclaimer and agree to the terms and conditions

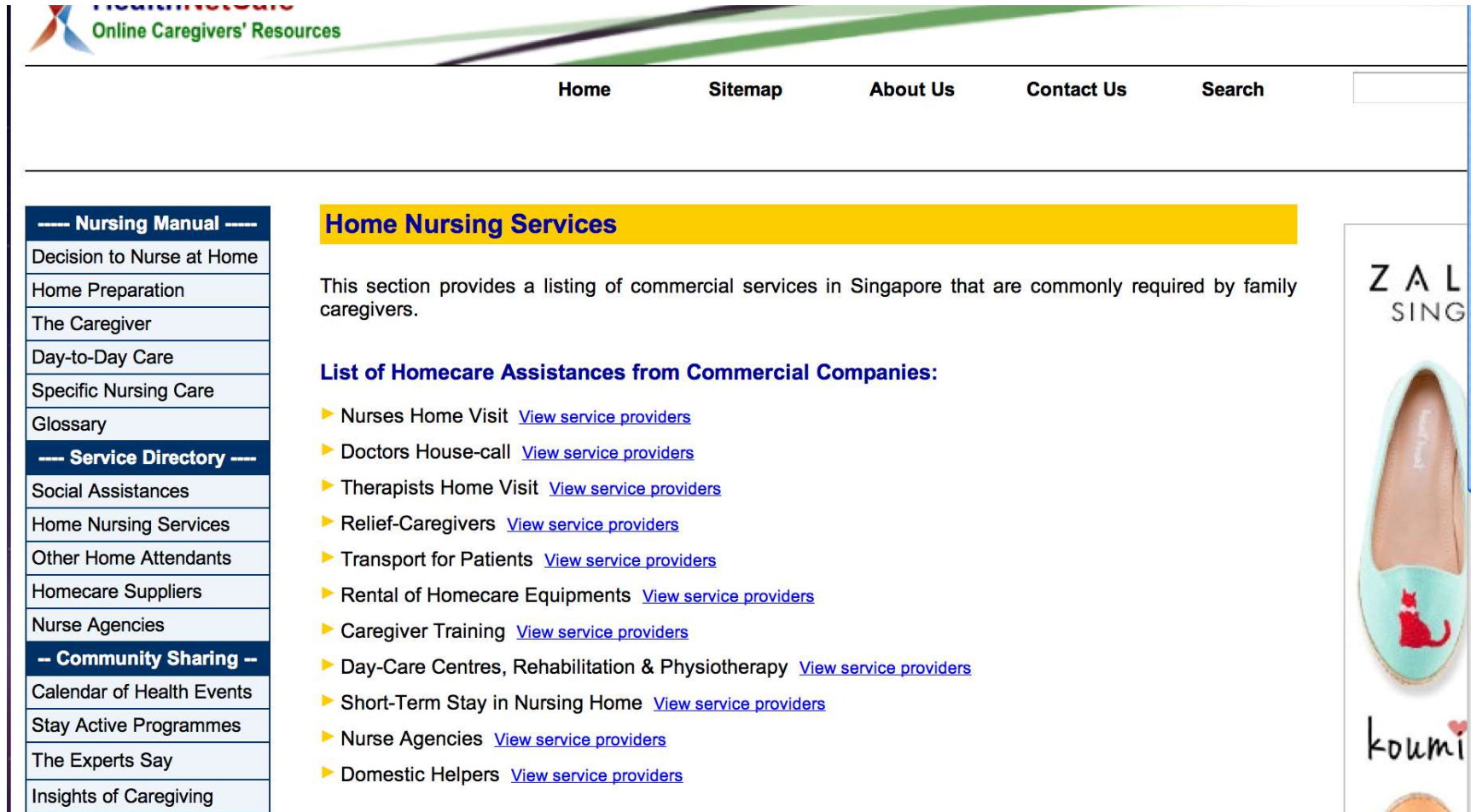
☐ I do not agree to the terms and conditions

[View Demo](#) [Proceed](#)

3. 有关居家服务的辅助资料（非政府机构）

Listing of homecare Assistance from commercial companies

http://www.healthnetcafe.com/directory/home_nursing_services.html



The screenshot displays the HealthNetCafe website. The header features the logo and the text 'Online Caregivers' Resources'. A navigation bar includes links for 'Home', 'Sitemap', 'About Us', 'Contact Us', and a 'Search' box. On the left, a sidebar menu lists various resources under categories like 'Nursing Manual', 'Service Directory', and 'Community Sharing'. The main content area is titled 'Home Nursing Services' in a yellow banner. Below this, a paragraph explains that the section provides a listing of commercial services in Singapore. A list of services follows, each with a 'View service providers' link. On the right, there is a vertical advertisement for 'ZAL SING' featuring a shoe and the brand name 'koumi'.

Online Caregivers' Resources

Home Sitemap About Us Contact Us Search

----- Nursing Manual -----

- Decision to Nurse at Home
- Home Preparation
- The Caregiver
- Day-to-Day Care
- Specific Nursing Care
- Glossary

----- Service Directory -----

- Social Assistances
- Home Nursing Services
- Other Home Attendants
- Homecare Suppliers
- Nurse Agencies

----- Community Sharing -----

- Calendar of Health Events
- Stay Active Programmes
- The Experts Say
- Insights of Caregiving

Home Nursing Services

This section provides a listing of commercial services in Singapore that are commonly required by family caregivers.

List of Homecare Assistances from Commercial Companies:

- ▶ Nurses Home Visit [View service providers](#)
- ▶ Doctors House-call [View service providers](#)
- ▶ Therapists Home Visit [View service providers](#)
- ▶ Relief-Caregivers [View service providers](#)
- ▶ Transport for Patients [View service providers](#)
- ▶ Rental of Homecare Equipments [View service providers](#)
- ▶ Caregiver Training [View service providers](#)
- ▶ Day-Care Centres, Rehabilitation & Physiotherapy [View service providers](#)
- ▶ Short-Term Stay in Nursing Home [View service providers](#)
- ▶ Nurse Agencies [View service providers](#)
- ▶ Domestic Helpers [View service providers](#)

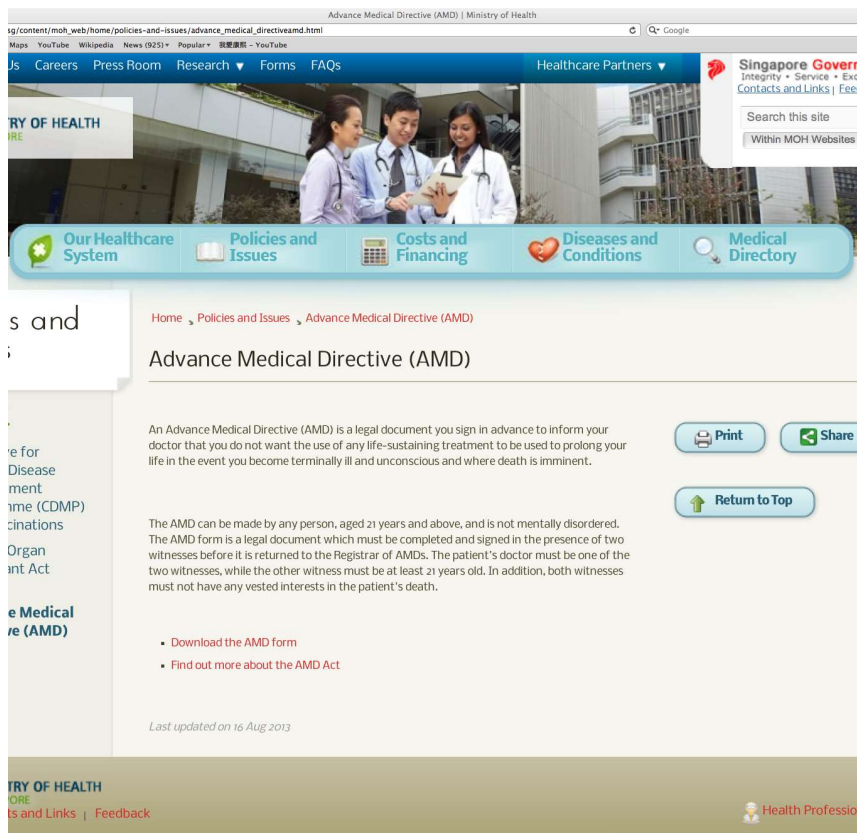
ZAL SING

koumi

4. 预先医疗自主（不急救）表格 Advanced Medical Directive (AMD)

a). 说明:

http://www.moh.gov.sg/content/moh_web/home/policies-and-issues/advance_medical_directiveamd.html



b). 表格:

<http://www.lawonline.com.sg/Documents/FORM1.AMD.pdf>

com.sg/Documents/FORM1_AMD.pdf

http://www.lawonline.com.sg/Documents/FORM1_AMD.pdf

Maps YouTube Wikipedia News (9231) Popular 投資通視 - YouTube

Serial No: _____
(for official use)

FORM 1
MAKING OF ADVANCE MEDICAL DIRECTIVE
THE ADVANCE MEDICAL DIRECTIVE ACT 1996 (ACT 16 OF 1996, SECTION 3)
THE ADVANCE MEDICAL DIRECTIVE REGULATIONS 1997
(This form may take you 5 minutes to fill in)

PERSON MAKING THE ADVANCE MEDICAL DIRECTIVE

Name: _____

NRIC No.: ☐ - ☐ ☐ ☐ ☐ ☐ ☐ ☐ - ☐ Sex: ☐ Male ☐ Female (please tick)

Date of Birth: ☐ ☐ - ☐ ☐ ☐ ☐ (must be at least 21 years of age)
Day Month Year

Address: _____

_____ Singapore _____

Home Telephone: _____ Office Telephone: _____

THE DIRECTIVE

- I hereby make this advance medical directive that if I should suffer from a terminal illness and if I should become unconscious or incapable of exercising rational judgment so that I am unable to communicate my wishes to my doctor, no extraordinary life-sustaining treatment should be applied or given to me.
- I understand that "terminal illness" in the Advance Medical Directive Act 1996 means an incurable condition caused by injury or disease from which there is no reasonable prospect of a temporary or permanent recovery where -
 - death would within reasonable medical judgment be imminent regardless of the application of extraordinary life-sustaining treatment; and
 - the application of extraordinary life-sustaining treatment would only serve to postpone the moment of death.
- I understand that "extraordinary life-sustaining treatment" in the Advance Medical Directive Act 1996 means any medical procedure or measure which, when administered to a terminally ill patient, will only prolong the process of dying when death is imminent, but excludes palliative care.
- This directive shall not affect any right, power or duty which a medical practitioner or any other person has in giving me palliative care, including the provision of reasonable medical procedures to relieve pain, suffering or discomfort, and the reasonable provision of food and water.
- I make this directive in the presence of the two witnesses named on page 2.

Signature / Thumb Print

Date

INSTRUCTIONS ON THE REGISTRATION OF ADVANCE MEDICAL DIRECTIVE

- The person making the advance medical directive should complete this form and send it in a sealed envelope by mail or by hand to the Registrar of Advance Medical Directives at the address given below. Faxed copies will not be accepted.
- The advance medical directive is only valid when it is registered with the Registrar of Advance Medical Directives. The Registrar will send the maker of the directive an acknowledgement when the directive has been registered.

The Registry of Advance Medical Directives
Ministry of Health, College of Medicine Building, 16 College Road, Singapore 169584
Tel: 62509126 Fax: 62509212

(This form is made available to the public for reference)

5. 持久授权书 Lasting Power of Attorney (LPA)

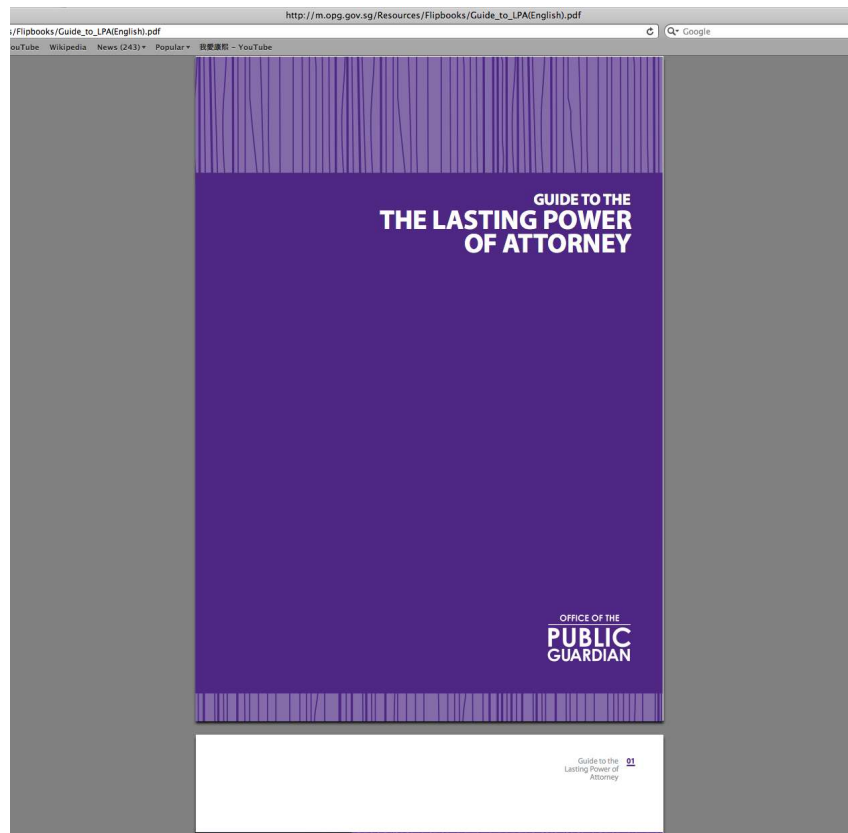
a). youtube: <http://www.youtube.com/watch?v=RQNlXytlo60>



5. 持久授权书 Lasting Power of Attorney (LPA)

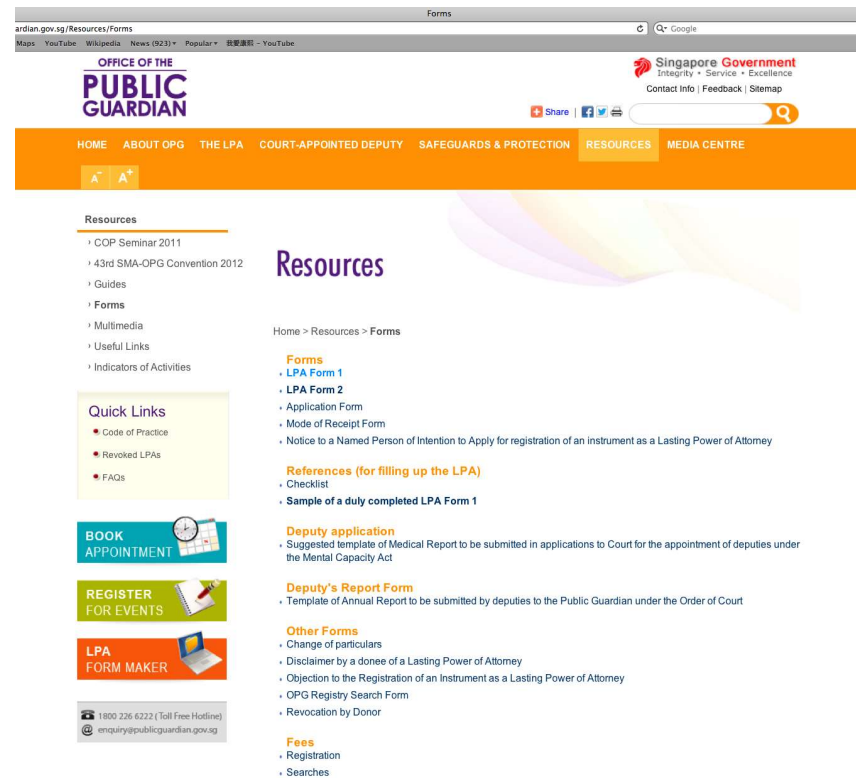
b). 说明:

[http://m.opg.gov.sg/Resources/Flipbooks/Guide_to_LPA\(English\).pdf](http://m.opg.gov.sg/Resources/Flipbooks/Guide_to_LPA(English).pdf)



c). 表格:

<https://www.publicguardian.gov.sg/Resources/Forms>



6. 人体器官移植法令 Human Organ Transplant Act (HOTA) Opt Out Form

a). 说明: (中文版)

https://www.moh.gov.sg/content/dam/moh_web/Legislations/HOTA%20Chinese%20FAQ.pdf

人体器官移植法令 (HOTA) 认识 HOTA

“人体器官移植法令”及“医疗(治疗、教育及研究)法令”概要

	人体器官移植法令	医疗(治疗、教育及研究)法令
涵盖谁?	<ul style="list-style-type: none"> 所有心智健全的新加坡公民和永久居民*, 除非他们选择退出。 年龄必需介于21至60岁之间。 * 从2006年8月1日起, 回教徒也会被纳入人体器官移植法令。 	<ul style="list-style-type: none"> 任何18岁及以上的人士, 无论国籍, 都可自愿捐献器官和/或人体组织。
涵盖哪些器官?	<ul style="list-style-type: none"> 肾脏 肝脏 心脏 眼角膜 	<ul style="list-style-type: none"> 所有器官和人体组织, 例如肾脏、肝脏、心脏、眼角膜、肺、骨、皮肤、等。
什么目的?	<ul style="list-style-type: none"> 提供器官衰竭病人适合的器官捐献以便执行移植手术。 	<ul style="list-style-type: none"> 提供器官衰竭病人适合的器官捐献; 进一步发展医疗教育; 和 支援研究、促进医学发展。
如何自愿?	<ul style="list-style-type: none"> 所有心智健全、符合年龄需求的新加坡公民和永久居民*都会自动纳入人体器官移植法令, 除非他们选择退出。 * 从2006年8月1日起, 回教徒也会被纳入人体器官移植法令。 	<ul style="list-style-type: none"> 只从那些没被纳入人体器官移植法令, 以及那些希望捐献人体器官移植法令以外的器官和/或人体组织的自愿人士取出器官。

b). 反对捐赠器官表格:

http://www.moh.gov.sg/content/dam/moh_web/Forms/Pink_form%282%29.pdf

National Organ Transplant Unit
c/o Singapore General Hospital
Singapore 169608

BUSINESS REPLY SERVICE
PERMIT NO. 01589

Please glue here

For Official Use Only

DATE OF BIRTH: _____ RACE: Chinese Malay Indian Others (please specify) _____ SEX: Male Female _____ CITIZENSHIP/RESIDENTIAL STATUS: Singapore Citizen Singapore Permanent Resident _____ POSTAL CODE: _____

HOME ADDRESS: _____ TEL NO.: _____

I hereby object to the removal of the following organ(s) for transplantation upon my death (please tick "✓" one or more as applicable):
(a) Singapore Citizens and Singapore Permanent Residents; and
(b) persons aged 21 years and above.

My objection is valid if it is not duly completed.

Please forward the completed form together with a photocopy of your NRIC to the following address:
National Organ Transplant Unit
c/o Singapore General Hospital
Singapore 169608

I not receive an acknowledgement to your objection to organ removal within 3 weeks, please the Officer-in-Charge at the above address or call Tel. No. 63214390.

Signature: _____ DATE: _____


NAME OF WITNESS (as in NRIC): _____ NRIC NO.: _____

HOME ADDRESS: _____ POSTAL CODE: _____

7. 想要捐赠更多器官的资料

Organ Donation Pledge form to the medical school, NUS

a). 说明: <http://medicine.nus.edu.sg/ant/body-donation/donation.shtml>



The screenshot shows the NUS Department of Anatomy website. The header includes the NUS logo and navigation links like myEMAIL, ILE, LIBRARY, MAPS, CALENDAR, and SITEMAP. The main content area is titled 'MAKING A DONATION' and contains a paragraph of text about donating to the school. Below this, there is a section for the 'NATIONAL ORGAN TRANSPLANT UNIT' with its address. At the bottom, there is a section for 'INSTRUCTION AND PROCEDURE'.

du.sg/ant/body-donation/donation.shtml

Yong Loo Lin School of Medicine
Department of Anatomy

HOME ABOUT US DIRECTORY ACHIEVEMENTS BODY DONATION RECRUITMENT INTRANET

Body donation | Making a donation | Ceremonies | News/Media

MAKING A DONATION

We thank you for considering a bequest of your mortal remains to the School. It is a truly meaningful gift that will contribute immeasurably to the education and training of medical students and ultimately benefit thousands of Singaporean patients.

If you decide to donate your body to the Department of Anatomy, Yong Loo Lin School of Medicine, NUS, kindly complete the yellow "Organ Donation Pledge Form" available on the Ministry of Health's website (http://www.liveon.sg/content/moh_liveon/en/organdonation/mtera.html), and send the completed form to the National Organ Transplant Unit (NOTU) at the address given below.

NATIONAL ORGAN TRANSPLANT UNIT
C/o Singapore General Hospital
Singapore 169608

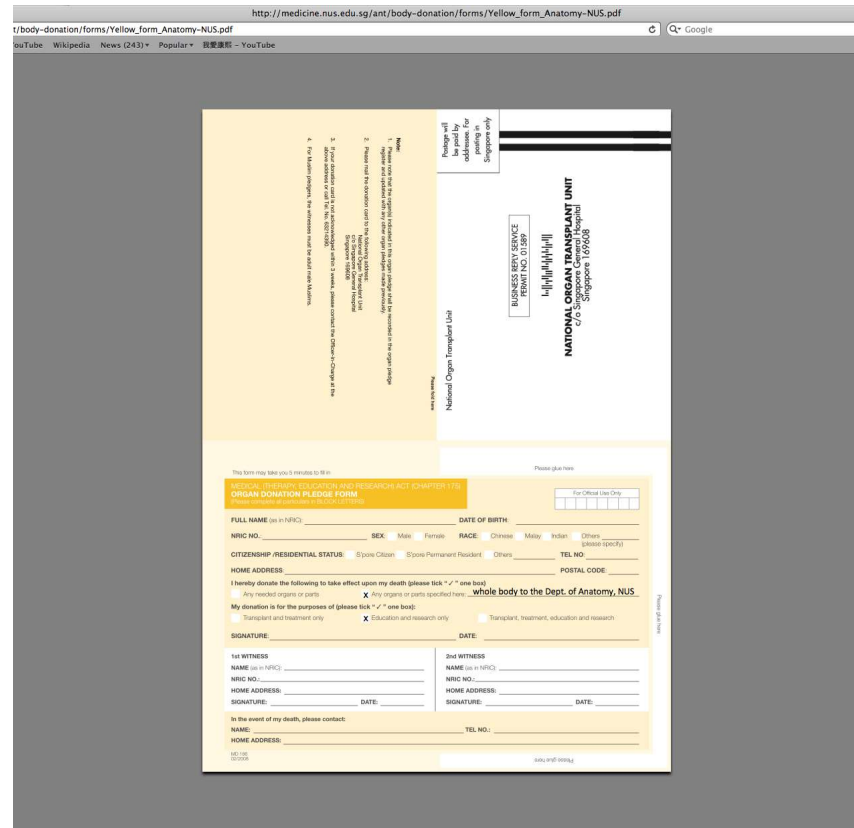
In the yellow "Organ Donation Pledge Form", please tick the following columns:
I hereby donate the following to take effect upon my death (please tick one box):
(x) Any organs or parts specified here: whole body to the Department of Anatomy, NUS

My donation is for the purposes of (please tick one box):
(x) Education and research only

If there is change of mind of the donation or should you have further questions please call the National Organ Transplant Unit (NOTU) at 63214390.

INSTRUCTION AND PROCEDURE

b). 表格: http://medicine.nus.edu.sg/ant/body-donation/forms/Yellow_form_Anatomy-NUS.pdf



The screenshot shows the 'Organ Donation Pledge Form' from the National Organ Transplant Unit. The form is titled 'MEDICAL, THERAPEUTIC, EDUCATION AND RESEARCH ACT DONATION FOR ORGAN DONATION PLEDGE FORM'. It contains various fields for personal information, including full name, date of birth, NRIC number, sex, race, ethnicity, citizenship, and residential status. There are also sections for home address, telephone number, and postal code. The form includes checkboxes for 'Any needed organs or parts' and 'My donation is for the purposes of please tick "x" one box'. The 'I hereby donate the following to take effect upon my death (please tick "x" one box)' section has two options: 'Any organs or parts specified here: whole body to the Dept. of Anatomy, NUS' and 'Education and research only'. The form also has sections for '1st WITNESS' and '2nd WITNESS' with fields for name, NRIC number, home address, and signature. At the bottom, there is a section for 'In the event of my death, please contact:' with fields for name, home address, and telephone number.

http://medicine.nus.edu.sg/ant/body-donation/forms/Yellow_form_Anatomy-NUS.pdf

t/body-donation/forms/Yellow_form_Anatomy-NUS.pdf

YouTube Wikipedia News (243) Popular 我要捐赠 - YouTube

Make a donation

Organ Donation Pledge Form

NATIONAL ORGAN TRANSPLANT UNIT
C/o Singapore General Hospital
Singapore 169608

1st WITNESS
NAME (as in NRIC):
NRIC NO.:
HOME ADDRESS:
SIGNATURE: DATE:


2nd WITNESS
NAME (as in NRIC):
NRIC NO.:
HOME ADDRESS:
SIGNATURE: DATE:

In the event of my death, please contact:
NAME:
HOME ADDRESS:
TEL NO.:

8. 殡葬业服务资料

Listing of funeral service providers.

<http://www.nea.gov.sg/passesaway/afd.htm>



When a Loved One Passes Away

[Home](#) [FAQ](#) [Contact Us](#) [Site Map](#)

Key Activities

- **Death Registration**
When Death Occurs
 - In a Hospital
 - At Home During Office Hrs
 - At Home After Office Hrs
 - Overseas
- Arranging a Funeral
- Burial, Cremation & Ash Storage
- Placing of Obituary
- Association of Funeral Directors (Singapore)

Post-Death Matters

- Notifications to banks, insurance companies, lawyers, etc.

e-Services

Association of Funeral Directors (Singapore)

To facilitate your search for a funeral director, the members of the Association of Funeral Directors (Singapore) are listed below.

- 1. ALL SAINTS Care Services**
127 Lavender street
(S)338735
Tel: 6341 7117 HP: 9637 9909
- 2. Ang Chin Huat Casket Pte Ltd**
47 Tannery Lane, Elite Industrial Building 11 Singapore 347794
Tel: 6254 9866 HP: 9740 8371
- 3. Ang Chin Moh Casket Pte Ltd**
Blk 88 Geylang Bahru #01-2724 Singapore 339696
Tel: 6292 4376 HP: 9862 3026
- 4. Ang Yew Hock Casket / Undertaker**
Blk 89 Geylang Bahru #01-2738 / 2740
Tel: 6292 4191 HP: 9666 8585

9. 警察局资料

Listing of Police Force's info.

http://www.spf.gov.sg/contactus/contactus_index.htm#

Singapore Police Force
A member of the Home Team

Contact Info | e-Feedback | Sitemap

HOME | ABOUT US | E-SERVICES | PUBLICATIONS | CRIMEWATCH | CRIMESTOPPER | JOIN US | FAQs | USEFUL LINKS

EMERGENCY NUMBERS

Emergencies	999
Police Hotline	1800 - 255 0000
Traffic Hotline	6 547 0000

Home > Police Contact

Print Friendly


Police Divisions and Neighbourhood Police Centres (NPCs):

- Ang Mo Kio Police Divisional HQ**
 - Ang Mo Kio North NPC
 - Ang Mo Kio South NPC
 - Punggol NPC
 - Hougang NPC
 - Sembawang NPC
 - Serangoon NPC
 - Sengkang NPC
 - Yishun North NPC
 - Yishun South NPC
 - List of NPPs
- Bedok Police Divisional HQ**
 - Bedok North NPC
 - Bedok South NPC
 - Changi NPC
 - Geylang NPC
 - Marine Parade NPC
 - Pasir Ris NPC
 - Tampines NPC
 - List of NPPs
- Central Police Divisional HQ**
 - Bukit Merah East NPC
- Central Police Divisional HQ**
 - Bishan NPC
 - Bukit Timah NPC
 - Kampong Java NPC
 - Orchard NPC
 - Toa Payoh NPC
 - List of NPPs
- Clementi Police Divisional HQ**
 - Bukit Merah West NPC
 - Clementi NPC
 - Queenstown NPC
 - Jurong East NPC
 - List of NPPs
- Jurong Police Divisional HQ**
 - Bukit Batok NPC
 - Bukit Panjang NPC
 - Choa Chu Kang NPC
 - Jurong West NPC
 - Nanyang NPC
 - Woodlands East NPC
 - Woodlands West NPC
 - List of NPPs
- Tanglin Police Divisional HQ**
 - Airport Police

10. 如何申请报章的讣闻

Listing of newspaper contact to have the placing of obituary.

<http://www.nea.gov.sg/passesaway/obituary.htm>



Integrity • Service • Excellence

When a Loved One Passes Away

[Home](#) [FAQ](#) [Contact Us](#) [Site Map](#)

Key Activities

- Death Registration
When Death Occurs
 - In a Hospital
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- Burial, Cremation & Ash Storage
- Placing of Obituary
- Association of Funeral Directors (Singapore)

Post-Death Matters

- Notifications to banks, insurance companies, lawyers, etc.

e-Services

- Apply for Burial, Cremation or Columbarium Niche
- Apply for Death Extract
- Apply to Syariah Court for Inheritance Certificate
- Applications to Public Trustee
- Apply for Coffin Permit

Placing of Obituary

A notice of death or an obituary may be placed in the local papers in memory of the deceased.

A) Types of newspapers

- English: The Straits Times and The Sunday Times, Today
- Chinese: Lianhe Zaobao, Lianhe Wanbao and Shin Min Daily News
- Malay: Berita Harian and Berita Minggu
- Tamil: Tamil Murasu

B) Documents Required

- Original Death Certificate
- Identity Card of person placing the notice

C) Mode of payment

- Credit card
- NETS
- Cash (during office hours only)

D) Location

Placement of obituaries during office hours:

Newspapers	Address	Operating hours	Contact number
The Straits Times, The Sunday Times,	Singapore Press Holdings, News	Mon – Fri: 8:30am to 5:30 pm	...

新加坡 有关善终服务及安宁疗护的资源（冯以量整理 2014年）

1. 提供不同服务的慈怀病院 Listing of hospices

<http://www.singaporehospice.org.sg/providers.html>

2. 医院及疗养院的资料 Listing of licensed healthcare institution (HCI)

a). <http://hcidirectory.sg/hcidirectory/hospital.do?task=load>

b). <https://www.silverpages.sg/eldercare/searchByServices.aspx#.U0Ok9igVr8s>

c). http://www.reload.aic.sg/aic/sat_survey/sat.aspx

3. 有关居家服务的辅助资料（非政府机构）Listing of homecare Assistance from commercial companies

http://www.healthnetcafe.com/directory/home_nursing_services.html

4. 预先医疗自主（不急救）表格 Advanced Medical Directive (AMD)

a). 说明: http://www.moh.gov.sg/content/moh_web/home/policies-and-issues/advance_medical_directiveamd.html

b). 表格: <http://www.lawonline.com.sg/Documents/FORM1.AMD.pdf>

5. 持久授权书 Lasting Power of Attorney (LPA)

a). youtube: <http://www.youtube.com/watch?v=RQNXytlo60>

b). 说明: [http://m.opg.gov.sg/Resources/Flipbooks/Guide_to_LPA\(English\).pdf](http://m.opg.gov.sg/Resources/Flipbooks/Guide_to_LPA(English).pdf)

c). 表格: <https://www.publicguardian.gov.sg/Resources/Forms>

6. 人体器官移植法令 Human Organ Transplant Act (HOTA) Opt Out Form

a). 说明:（中文版）https://www.moh.gov.sg/content/dam/moh_web/Legislations/HOTA%20Chinese%20FAQ.pdf

b). 反对捐赠器官表格: http://www.moh.gov.sg/content/dam/moh_web/Forms/Pink_form%282%29.pdf

7. 想要捐赠更多器官的资料 Organ Donation Pledge form to the medical school, NUS

a). 说明: <http://medicine.nus.edu.sg/ant/body-donation/donation.shtml>

b). 表格: http://medicine.nus.edu.sg/ant/body-donation/forms/Yellow_form_Anatomy-NUS.pdf

8. 殡葬业服务资料 Listing of funeral service providers.

<http://www.nea.gov.sg/passesaway/afd.htm>

9. 警察局资料 Listing of Police Force's info.

http://www.spf.gov.sg/contactus/contactus_index.htm#

10. 如何申请报章的讣闻 Listing of newspaper contact to have the placing of obituary.

<http://www.nea.gov.sg/passesaway/obituary.htm>